



PROGRAM GUIDE

High School CFJ Sailing

High School CFJ Sailing is designed for Sailors 13 to 18 years old transitioning from a single-handed sailboat or for sailors 13 to 18 years old looking for an introduction into SBYSF sailing and who have very limited to no sailing experience. **This is an ideal program for kids who are transitioning from the Optimist Champ Fleet and they currently don't have a path into double-handed sailing through a High School team.** Sailing and racing skills are practiced through instruction on and off the water. The 'on-the-water' practice is held in two-person CFJ dinghies. Either a one or two-day per week practice option is available.

Commitment

High School CFJ Sailing members are expected to attend all weekly practices.

All SBYSF Sailors and parents will be required to sign a Code of Conduct and return it prior to the beginning of the Semester. If we do not have these forms signed and on file, your sailor will not be allowed to participate

Tuition/Structure

The cost per Semester(Spring and Fall) is: **\$375 per Semester for 1-day per week practice and \$450 per Semester for 2-day per week classes.** Tuition is not refundable. Tuition and registration is utilized to plan for the Semester and we can not adjust the program once Tuition is paid. We will aim for low coach to sailor ratios to provide ample support on and off the water.

Included with Tuition

- CFJ Charter
- Coaching @ 1 or 2 weekly practice session

SBYSF provides the following:

- Coach boats and fuel

Extra Clinics:

Additionally, special event clinics may be organized. These clinics will be additional to practice and will cost ~\$50/day for locally run, SBYSF coached events.

Please contact Nick Kaschak, SBYSF Program Director, at either sbysf.director@gmail.com or 805-965-4603 with your questions regarding this program.

Helpful Links

CFJ Class Association; Club Flying Junior Class Association, the governing body of the CFJ class in the United States; www.cfjclass.org

SCYYRA; Southern California Youth Yacht Racing Association, the organizing authority for Southern California youth sailing; www.scyyra.org